

#STANDUP4HUMANRIGHTS

WHAT ARE HUMAN RIGHTS?

70
YEARS
UNIVERSAL DECLARATION OF
HUMAN RIGHTS
#STANDUP4HUMANRIGHTS

 UNITED NATIONS
HUMAN RIGHTS
OFFICE OF THE HIGH COMMISSIONER

United Nations Human Rights
is organising a competition:

MY HUMAN RIGHTS IN 180 SECONDS

Present your vision of human rights in a 180 second video!

The six contestants with the most inspiring videos will be invited to present their story at the Palais des Nations, in room 20 - the Human Rights Council room - on 13 December 2018, in the presence of High Commissioner Michelle Bachelet.

This event is organised in the framework of the 70th anniversary of the Universal Declaration of Human Rights.

How to participate?

1. Record a 180 second video (MP4, MOV or AVI) where you present what human rights

mean to you, how to promote and defend them. Don't forget to put your first and last name in the file name.

2. Register in the competition by sending an email to: mesdroitsen180s@ohchr.org with a link to where we can see and download your video. The email must contain the following information: your full name, age, email address, phone number, the name of your school and the subject of your presentation.
3. Save the date of Thursday 13 December 2018 in your calendar to attend the ceremony at Palais des Nations!



Who can participate: Young people aged 12-19

Deadline: 26 November 2018

More information: Standup4humanrights.org/myrightsin180s