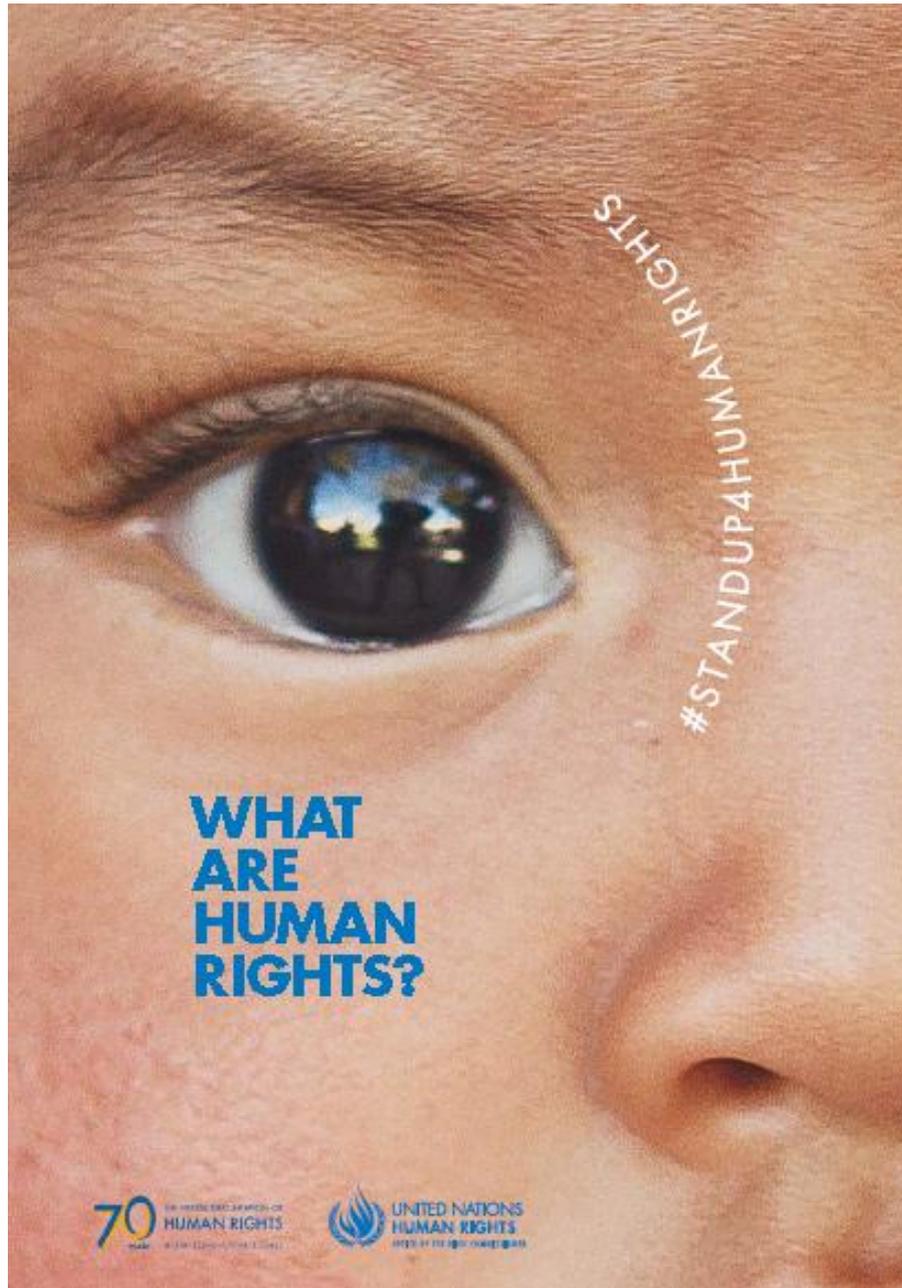


# Competition « My Human Rights in 180 seconds »

**Celebrating the 70<sup>th</sup> anniversary of the  
Universal Declaration of Human Rights  
December 13, 2018**



## Concept: My human rights in 180s

UN Human Rights is launching a competition to raise awareness of human rights among young people and the important role everyone can play in making sure human rights are upheld for all.

In the call for proposal, students aged 12 to 19 are invited to create a 180-second video where they present what human rights mean to them and how people can stand up for human rights in everyday life.

The six contestants with the most engaging videos will be selected to present their "Human Rights in 180" live at the Palais des Nations, in room XX, for the Human Rights Day celebrations in Geneva which will take place on 13 December 2018. The High Commissioner and the Deputy High Commissioner will attend along with members of the City of Geneva, Canton of Geneva and the Swiss Federation.

The audience will be composed of students aged 12 to 19 from the Geneva region, Permanent Representatives to the UN, NGO representatives and other UN officials accompanied by their children.

Among the six finalists, the public will vote for their "favourite" presentation. The two presenters with the most votes will receive an award.

In addition to the presentations by the six finalists, a keynote speaker - a young human rights defender - will give a speech, followed by a round table discussion with the High Commissioner where the audience can interact with her.

Human Rights Day this year marks the 70th anniversary of the Universal Declaration of Human Rights. This commemorative event in Room XX aims to promote the role of young people in promoting and defending human rights for future generations.

Other events will be organized in Geneva to mark the occasion - political proclamation, exhibition, academic symposium, the Mont-Blanc bridge, etc., making Geneva a benchmark in the overall celebrations for the 70th anniversary (see more details below).

## My Human Rights in 180 seconds, is...

### WHAT?

1. A competition for young people who wish to engage and act in support of human rights; and
2. A special event for young people in the Human Rights and the Alliance of Civilizations Room (Room XX), symbol of human rights in the world, with a presence of young human rights activists and a discussion with High Commissioner Michelle Bachelet.

### WHEN?

1. Participants send a 180 second video about what human rights mean to them, how they envision their future, and how everyone can stand up for human rights in everyday life. To register, send an email with a link to the video by **26 November** to UN Human Rights at this address: [mesdroitsen180s@ohchr.org](mailto:mesdroitsen180s@ohchr.org).

2. Event: Thursday, **13 December 2018**, from 10:00 to 12:30 (we recommend arriving early, from 08:30, to pass the security clearance at the Palais des Nations).

#### **WHERE ?**

The Human Rights and the Alliance of Civilizations Room, (Conference Room XX) at the Palais des Nations, a global symbol of human rights where the Human Rights Council meets and where all important decisions with respect to the special procedures, commissions of inquiries or Universal Periodic Review take place.

#### **FOR WHO?**

All young people aged 12-19 from the Geneva region.

#### **HOW?**

Six participants who submitted videos will be invited to present their message to the public on 13 December. School classes and other people will be invited to attend the event.

#### **Are you a student and want to participate in the competition?**

Record a 180-second video (MP4, MOV, AVI format) where you present what human rights means to you, how you envision their future, and how everyone can stand up for human rights. Send an email to [mesdroitsen180s@ohchr.org](mailto:mesdroitsen180s@ohchr.org) with a link to where we can see and download your video.

The email must contain the following information: your last name, first name, age, email address, phone number, the name of your school and the subject of your presentation.

#### **Are you a class?**

To attend the 13 December 2018 event, please send an email to [mesdroitsen180s@ohchr.org](mailto:mesdroitsen180s@ohchr.org) by November 30 to indicate your intention to participate. You will then receive information on how to register online (each student must be registered with contact details, ID card number, etc.).

#### **Languages**

1. Videos can be recorded in English or French.
2. The event on 13 December will be in both languages according to the speakers, with simultaneous interpretation (via earphones) in English and French.

**More information:** [www.standup4humanrights.org/mesdroitsen180s](http://www.standup4humanrights.org/mesdroitsen180s)

#### **Programme**

08h30 – 09h30	Entry to the Palais des Nations/ Security
09h00 – 10h00	Welcome in Room XX
10h00 – 10h10	Opening/Speech by the High Commissioner for Human Rights
10h10 – 10h20	Speech by Swiss and Geneva authorities
10h20 – 10h35	3 first finalists make their presentations in 180 seconds each
10h35 – 10h40	Interlude – music or short film
10h40 – 10h55	3 last finalist make their presentations in 180 seconds each

10h55 – 11h05	The audience/public vote for their favourite presentation
11h05 – 11h10	Awards ceremony for the two presentations with the most votes
11h10 – 11h20	Keynote speech (speaker to be identified)
11h25 -12h05	Roundtable discussion - HC, keynote speaker and 6 finalists, with questions from the audience
12h05 – 12h10	Closing and invitation to join group photo
12h15 – 12h30	Group photo forming #standup4humanrights

### Roundtable discussion

Eleanor Roosevelt said:

*“Where, after all, do universal human rights begin? In small places, close to home - so close and so small that they cannot be seen on any maps of the world. Yet they are the world of the individual person; the neighbourhood he lives in; the school or college he attends; the factory, farm, or office where he works. Such are the places where every man, woman, and child seeks equal justice, equal opportunity, equal dignity without discrimination. Unless these rights have meaning there, they have little meaning anywhere. Without concerted citizen action to uphold them close to home, we shall look in vain for progress in the larger world.”*

Over the last 70 years, the world has made great progress in terms of human rights, but we are still far from fulfilling all the promises of the Universal Declaration of Human Rights.

What are the achievements of the Universal Declaration since 1948? What are the major challenges we face today and in the future? How can individuals make a difference to human rights?

### Objectives of the debate (moderated by a human rights expert)

- **Reflect on the human rights situation in the world with the High Commissioner. Can some rights be considered as fully realised?**
- **Raise awareness** among 12-19 year olds about the progress made over the last 70 years in the field of human rights.
- **Reflect** on the situation of these rights today and the challenges of the future;
- **Engage** youth in promoting and defending these fundamental principles.

### Messages and Themes

- **Message 1:** Future generations stand up for human rights - positive, forward-looking messages from young people;
- **Message 2:** Future opportunities and challenges for human rights.

# The 70th anniversary of the Universal Declaration

The **Universal Declaration of Human Rights** (UDHR) is a milestone document in the history of human rights. Drafted by representatives with different legal and cultural backgrounds from all regions of the world, the Declaration was proclaimed by the United Nations General Assembly in Paris on 10 December 1948 as a common standard of achievement for all peoples and all nations.

The UDHR is as relevant today as it was in 1948. The extraordinary vision of its drafters led to a text that, for the first time, articulated the rights and freedoms of all human beings. It is the foundation of a just and decent future and a great reference in the fight against oppression, impunity and inequality.

To mark the **70th anniversary of the UDHR**, UN Human Rights launched a one-year campaign on 10 December 2017, culminating in the celebration of the 70th anniversary of the Declaration in December 2018.

A programme December 2018 has been created based on the concept of '**Follow the sun**'. In a spirit of universality, and for one month, UN Human Rights will celebrate the 70th anniversary of the UDHR around the world, with key events in 7 time zones, starting from Fiji following the sun going west. Each step - including in Geneva - will be the opportunity to address a human rights theme with, among others, the following activities:

- In Suva, the right to a healthy environment
- In Marrakech, the human rights of migrants
- In Dakar, the right to demand the establishment of responsibility for the promotion and protection of human rights
- In Geneva, human rights and young people
- In New York, the United Nations Human Rights Prize
- In Los Angeles, human rights and sustainable development
- In Mexico DF, indigenous rights
- In Santiago, women's rights

## About UN Human Rights

The Office of the High Commissioner promotes and protects the rights and freedoms set out in the Universal Declaration of Human Rights and promotes their realisation. Through the voice and work of the High Commissioner and 1,200 staff in more than 72 countries, the Office aims to make human rights a reality for people around the world.

[www.ohchr.org](http://www.ohchr.org)

### Resources on human rights:

- [Stand up 4 human rights](#)
- [Simplified version of the Universal Declaration of Human Rights](#)
- [Declaration: Facts and figures](#) (infographic)
- [Fact sheet](#)
- [History of the Declaration](#)
- How can we take action for human rights? [Suggestions](#)
- [Fiche Eduki sur les droits de l'homme](#) et [dossier thématique complet](#) – Site web de la Fondation Eduki ([www.eduki.ch](http://www.eduki.ch)) (in French)

- [Fiche sur les grands principes et questions liés à la DUDH](#) et [fiches pour des activités en classe](#) – Site web d’Amnesty international – Belgique (*in French*)